

HEART OF THE ARCTIC

DETAILED ITINERARY

Jan 31/25



Experience the extraordinary privilege of journeying through Inuit Nunangat—the ice, water, and lands of Inuit. Delve into a dynamic culture as you learn about the language, arts, cuisine, music, and traditions. Each facet is thoughtfully integrated into the on-board and onshore educational program, creating moments of authentic learning throughout your voyage.

Visit the world-renowned art studios of Kinngait, where you can meet talented artists and explore their unique creations. Admire the bounty and beauty of the fjords of Greenland, the coast of Baffin Island, the tides of Hudson Strait, and awe-inspiring Ungava Bay.

Wander the city of Nuuk, which offers a fascinating glimpse into Greenland's history—and future. Enjoy the bustle of activity at the art galleries, cafés, and restaurants that possess a strong Scandinavian influence in their design, architecture, and flavours.

FACTS & HIGHLIGHTS

- 14 days • Start in Kangerlussuaq, Greenland, finish in Iqaluit, NU, Canada • All meals on board included
- Travel Aboard the Ocean Nova • Experience the extraordinary privilege of journeying through Inuit Nunangat—the ice, water, and lands of Inuit. • See and learn about the Qilakitsoq mummies at the Greenland National Museum in Nuuk • Seek polar bears, marine mammals, and seabirds in the rich waters of Hudson Strait • Visit Kinngait—the Inuit art capital of the world—and learn about Inuit art and culture from artists and experts • Discover Akpatok Island, a designated important bird area, which serves as a vital breeding ground for a significant portion of the global North Atlantic thick-billed murre population • Zodiac along the face of a Greenlandic glacier • Bask in the glowing Arctic light with 18-20 hours of daylight—a photographer's dream • Marvel at the tundra in summer bloom

DEPARTURE DATES & PRICES FROM (Per person)

Aug 02 – Aug 15, 2026

Triple Cabin	-	\$9995 USD
Bunk Bed Twin	-	\$11995 USD
Upper Deck Twin	-	\$13195 USD
Bridge Deck Twin	-	\$13995 USD
Superior Twin	-	\$14995 USD
Upper Deck Single	-	\$19995 USD

Charter flights not included. Approximate cost \$2640 USD

Activity Level: 1

Comfort Level:

Seas can be rough. Wet and dry zodiac landings required.

ACCOMMODATIONS

All travel aboard the Ocean Nova.

ELDERTREKS



SMALL GROUP
EXOTIC ADVENTURES
FOR TRAVELERS 50 PLUS

This is not an ElderTreks operated tour. As such, participants on this tour are not exclusive ElderTreks clients and it may not adhere to ElderTreks' maximum size restrictions of our tours.

Visit three distinct regions of the Arctic to appreciate the diversity and interconnectedness of Inuit life. In Nunavut, admire how the art reveals the unique creative spirit of Inuit culture. In Nunavik, listen to the languages of Inuktitut, French, and English that can be heard among the hamlets of Ungava Bay.

And in Greenland, discover how self-governance and modern development are shaping the future while keeping cultural traditions, language, and values at the heart of daily life.

DAY 1 KANGERLUSSUAQ, GREENLAND

After your charter flight from Toronto, ON, you'll transfer to the ship by Zodiac.

Begin your journey by sailing out of Kangerlussuaq Fjord (Søndre Strømfjord), a 190-kilometre-long fjord surrounded by mountains and glaciers. Cross the Arctic Circle on your way and spend time on deck watching for aurora borealis. Kangerlussuaq, the settlement at the head of the fjord, is a former US Air Force base.

DAY 2 KANGERLUSSUATSIAQ FJORD (EVIGHEDSFJORDEN)

Kangerlussuatsiaq means "the rather big fjord" in Greenlandic, while the Danish name Evighedsfjorden translates to "the fjord of eternity," underscoring its vastness and seemingly never-ending nature. See why Kangerlussuatsiaq Fjord lives up to its name and marvel at this complex coastal waterway



that includes calving glaciers, sheer bird cliffs, and streams cascading against a towering mountain backdrop. Explore this sublime glacial landscape by ship and by Zodiac.

The waters here are relatively warm, due to the West Greenland Current and the subarctic location.

DAY 3 NUUK

Enjoy the chance to explore Nuuk, the capital of Greenland and the world's northernmost capital! Nuuk, meaning, "the headland," sits at the mouth of a gigantic fjord system. Established as the first Greenlandic town in 1728, Nuuk remains the bustling centre of the country today. While here, we may catch sight of humpback whales in the fjord, reindeer roaming the land, and birds soaring overhead. The town itself is home to the University of Greenland, a cathedral dating back to 1849, and Greenland's National Museum.

We'll enjoy a guided orientation of this bustling metropolis and the opportunity to visit the National Museum where the world-famous Qilakitsoq mummies rest. You'll also have time to explore the city at your own leisure.

DAY 4 AT SEA — DAVIS STRAIT

Deepen your understanding of the environment, cultures, and history of the region as we sail across the Davis Strait towards Canada. Get the privileged opportunity to engage with and learn from Inuit in their homeland.

Enjoy workshops and presentations, watch a documentary, and get out on deck! Try your hand at athletic feats during an interactive cultural performance of Inuit games.

Through shared experiences and interactions,

develop a deep appreciation for the culture and gain a connection to the stunning landscapes we traverse.

Keep your binoculars ready to spot whales and seabirds who follow in our wake.

DAYS 5-6 UNGAVA BAY

Pay a visit to uninhabited Akpatok Island, the biggest island in Ungava Bay at over nine hundred square kilometres. It's named for the akpait (thick-billed murre) that nest on ledges of the lofty cliffs and is home to Canada's largest colony of breeding pairs. Take a Zodiac cruise to scout the shorelines and any outlying ice, keeping your eyes peeled for polar bears, walruses, and other marine life. Large and shallow, Ungava Bay is a rich ecosystem and home to a variety of wildlife, including an endangered beluga population.

DAY 7 UNGAVA PENINSULA, QC

Explore an area of treeless tundra along the Ungava Peninsula of Nunavik. Delve into its geological wonders, immerse yourself in its rich flora and fauna, and connect with Inuit cultural educators who will guide you through their homeland, leaving a lasting impression.

Enjoy great hiking and a Zodiac cruise with our expedition team, who will provide insightful interpretation every step of the way. As you explore this magnificent landscape, keep an eye out for wildlife and listen to Inuit stories that will deepen your connection to the land, leaving you with a lasting sense of fulfillment and renewed appreciation for nature's wonders.

DAY 8 SALLUIT

Journey to Salluit, the second northernmost community in Nunavik. With a population of approximately 1,500, this vibrant community offers a unique chance to connect with Inuit culture in the heart of the Canadian Arctic. Explore local craftsmanship with the opportunity to purchase community-made products such as carvings, jewelry, mittens, and more.

Experience the warm hospitality of the locals as we gather in the community hall, where you'll learn traditions and contemporary ways of life. Take in the stunning surroundings with a scenic hike, exploring the rugged terrain and gaining a deeper understanding of the land and its people.

DAY 9 KINNGAIT (CAPE DORSET)

Meet the artists and visit the studios that make Kinngait proud—plus, have the opportunity to purchase one-of-a-kind pieces of art! Have a chance to talk with the old and new generations of outstanding artists, carvers, and printmakers who continue to make Kinngait a proud centre for fine art. Kinngait was ground zero for the Inuit art market when, in 1959, the West Baffin Eskimo Co-operative was established—the oldest professional Inuit printmaking studio in Canada.

DAYS 10-11 HUDSON STRAIT

Join the expedition team out on deck while navigating the icy, fast-moving waters of the Hudson Strait. Search for breathtaking Arctic wildlife—polar bears, walruses, whales, seals, and seabirds—to capture the perfect photograph. Enjoy hearing from Inuit about the region's wildlife and stunning landscapes as we seek the creatures that inhabit this area.

We'll make the most of every opportunity to explore, whether on foot or by embarking on a Zodiac cruise, amidst breathtaking backdrops.

DAYS 12-13 FROBISHER BAY

Sail through this beautiful bay named for bygone explorer Martin Frobisher and stay on the lookout for wildlife. Our geologists will have you raving about rocks! Expect compelling scenery and soak up the Arctic splendour.

DAY 14 IQALUIT, NU, CANADA

Transfer by Zodiac through Iqaluit harbour for your charter flight back home. Iqaluit, at the head of Frobisher Bay, is Nunavut's capital. A population of nearly 8,000 calls the city home. Local attractions include the territorial Legislature, igloo-inspired St. Jude's Cathedral, art shops, and more.

As your journey comes to a close, carry with you the lasting impression of the Arctic's beauty and the richness of its cultures, forever etched in your memories.





THE OCEAN NOVA DETAILS:



Maximum: 78 passengers

Thanks to the Ocean Nova’s intimate group size and our seamless operations, hopping into one of our eight Zodiacs is a breeze—rain, shine, or snow. With the ship’s shallow draft and ability to anchor close to shore, you’ll spend less time ferrying and more time exploring. Need to head back to the ship mid-excursion? No problem. Simply return to the landing site, and we’ll whisk you back in no time. More adventure, less waiting—that’s the Ocean Nova way!



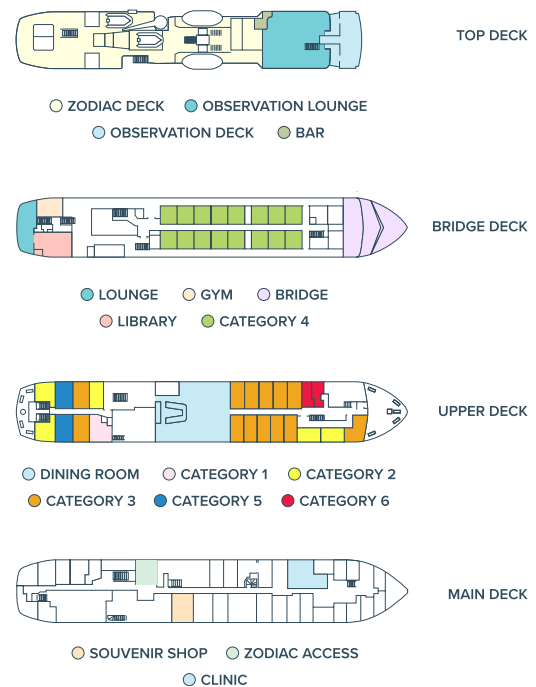
Panorama Lounge aboard the Ocean Nova



Dining aboard the Ocean Nova.

CABIN CATEGORIES:

- CABIN CATEGORY 1
Triple / Upper Deck
- CABIN CATEGORY 2
Bunk Bed Twin / Upper Deck
- CABIN CATEGORY 3
Upper Deck Twin / Upper Deck
- CABIN CATEGORY 4
Bridge Deck Twin / Bridge Deck
- CABIN CATEGORY 5
Superior Twin / Upper Deck
- CABIN CATEGORY 6
Single / Upper Deck









QUESTIONS & ANSWERS

1. HOW BIG ARE THE GROUPS?

The Ocean Nova is a 78 passenger vessel.

2. WHAT IS INCLUDED IN THE TOUR PRICE?

From Day 1 to disembarkation, all meals, coffee/tea/water, wifi, lectures, expeditions, entertainment and services of naturalist guides are included. A complimentary expedition jacket is also included.

3. WHAT IS NOT INCLUDED IN THE TOUR PRICE?

International and charter flights, speciality drinks (including alcoholic and non-alcoholic drinks) and tips. Personal expenses like telephone calls and laundry are not included and put onto your shipboard account which is payable in USD the night prior to disembarkation. Gratuities are not included. Automatic gratuity of \$15 USD per guest/per day will be added to shipboard account. This goes into a lumpsum and distributes to the entire crew equally.

4. HOW DO WE TRAVEL DURING THE TOUR?

We cruise on our vessel and often use Zodiacs for our adventure excursions.

5. WHAT ARE OUR ACCOMMODATIONS LIKE?

The ship's design is compact, cozy and charming. It is designed for efficiency, functionality and connection with nature. The ship was custom built for ice-choked waters.

6. WHAT ABOUT THE WEATHER?

We travel to the high arctic during the summer season. In general, we can experience temperatures between 41-60 F (5-15 C).

7. WHEN IS PAYMENT DUE?

A non-refundable deposit of \$3000 USD is due as soon as you decide to go and will reserve your place on the tour. The balance of the land payment is due 150 days before departure. Cancellation charges are

applicable and these are outlined in the "Terms & Conditions" section of our brochure.

8. IS MEDICAL INSURANCE REQUIRED?

Insurance coverage is not included in the cost of your trip. Please note that medical insurance is required for this adventure with a minimum of \$500,000 USD coverage for evacuation insurance, including air ambulance. We strongly recommend cancellation and interruption insurance as well! ElderTreks offers comprehensive travel insurance and we are happy to provide you with a quote if you call our office. If you are purchasing insurance elsewhere, please ensure you provide the details to ElderTreks as soon as possible.

9. WHAT MEALS ARE INCLUDED?

All meals are included, starting with dinner on day 1 and finishing with breakfast on departure day.

10. WHAT SHOULD I TAKE ON THE TOUR?

There is a detailed "What to Take" list in our Trip Kit, which we will send to you after you have booked the trip.

11. CAN YOU ARRANGE MY FLIGHTS?

We would be happy to take care of your air arrangements. ElderTreks offers personalized flight itineraries, not group flights. Stop over enroute, come in a few days early, or extend your stay. Call us for a customized itinerary.

12. WHAT IF I WOULD LIKE MORE INFORMATION?

If you have any further questions about the adventure, please call our office for more details. A Trip Specialist will be happy to answer your questions. A Trip Kit containing further details on the destination will be sent to you once you have booked the trip.



