



ELDER TREKS

SMALL GROUP
EXOTIC ADVENTURES
FOR TRAVELERS 50 PLUS

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Costa Rica

Please note that the hotels listed in this itinerary are sample accommodations, carefully selected to showcase the range of options available. While we strive to utilize these hotels, our team reserves the right to substitute them with comparable or superior alternatives based on various factors, including quality (as this can change over time), availability, or even temporary closures due to renovations or sometimes even permanent closures.

The actual hotels will be confirmed 30 days prior to departure and will be included in the final travel documents, ensuring a seamless and enjoyable travel experience.

Day 1: Arrive in San Jose

Radisson Hotel San Jose

Calle Central, y Tercera
San Jose, Costa Rica
Phone: +506 2010 6000

Day 2: To Tortuguero N.P. via Braulio Carrillo N.P.

Rana Roja Lodge

Entrance to Tortuguero National Park
Tortuguero, Costa Rica
Phone: +506 8811 9301

Day 3: Wildlife of Tortuguero National Park

Rana Roja Lodge

Entrance to Tortuguero National Park
Tortuguero, Costa Rica
Phone: +506 8811 9301

Day 4: Canals of Tortuguero, to Sarapiquí

El Bambu Hotel

Puerto Viejo
Sarapiquí, Costa Rica
Phone: +506 2766 6005

Day 5: Sarapiquí Rafting Adventure and Pineapple Tour

El Bambu Hotel

Puerto Viejo
Sarapiquí, Costa Rica
Phone: +506 2766 6005

Day 6: To Arenal Volcano, Hanging Bridges and Hot Springs

La Pradera Hotel

2km west from downtown La Fortuna
La Fortuna, Costa Rica
Phone: +506 2479 9644

Day 7: Waterfall Walk and Chocolate Tour

La Pradera Hotel

2km west from downtown La Fortuna
La Fortuna, Costa Rica
Phone: +506 2479 9644

Day 8: To Monteverde

Fonda Vela

620 Road Puntarenas
Monteverde, Costa Rica
Phone: +506 2645 5125

Day 9: Monteverde, Ziplining and Santa Elena Cloud Forest Reserve

Fonda Vela

620 Road Puntarenas
Monteverde, Costa Rica
Phone: +506 2645 5125

Day 10: Rincon de la Vieja, Volcano Hike

Hilton Liberia

Frente al Aeropuerto Inter Daniel Oduber, Ruta 21, Guanacaste Province
Liberia, Costa Rica
Phone: +506 2690 8888

Day 11: Horseback Riding, Waterfalls and River Swim

Hilton Liberia

Frente al Aeropuerto Inter Daniel Oduber, Ruta 21, Guanacaste Province
Liberia, Costa Rica
Phone: +506 2690 8888

Day 12: To Central Pacific, Crocodile Safari

Terraza del Pacifico Hotel

El Arroyo carretera a Quepos, 60101
Playa Hermosa, Jaco Garabito, Costa Rica
Phone: +506 2643 3222

Day 13: Manuel Antonio N. P.

Terraza del Pacifico Hotel

El Arroyo carretera a Quepos, 60101
Playa Hermosa, Jaco Garabito, Costa Rica
Phone: +506 2643 3222

Day 14: To San Jose, Coffee Tour

Radisson Hotel San Jose

Calle Central, y Tercera
San Jose, Costa Rica
Phone: +506 2010 6000

Day 15: Depart San Jose